LET YOUP LIGHT SHINE	May 17/18, 2025 IVING IN THE LIGHT THIS WEEK AT ST.JOHN'S
	e righteous will shine like the sun in the kingdom of their Father. Whoever has ears, let them hear. Matthew 13:43
SATURDAY (17)	5:30 PM Worship with Holy Communion
SUNDAY (18)	High School Graduate Recognition 8:00 & 10:30AM Worship with Holy Communion 9:15 AM Jr/ Sr High/ Blast/ Moms United 9:15 Adult Bible Class
MONDAY (19)	3:00 PM Bible Journaling 6:00 PM Bible Journaling
TUESDAY (20)	9:30 AM Friendship Board Meeting 10:00 AM Stitching Blessing 11:00 AM Church Staff Meeting 3:00 PM Thrift Store Board Meeting 6:30 PM Evangelism Meeting 6:30 PM Contemporary Rehearsal (?)
WEDNESDAY (21)	Shut In 2 Sid 5 Fawn 9:30 AM Women's Bible Study 1:00 PM Card Party
THURSDAY (22)	Newsletter Deadline 1:30 PM Women's Society
FRIDAY (23)	6:30 AM Men's Bible study breakfast
SATURDAY (24)	5:30 PM Worship
SUNDAY (25)	8:00 AM Worship 10:30 AM Celebration Worship (?) 9:15 AM Jr/ Sr High/ Blast/ Moms United 9:15 AM Adult Bible Class

ATTENDANCE LAST WEEK: SAT: 73 SUN 8AM: 110 10:30AM: 105 = 288



Flowers are placed on the altar by Sue Schaefer with thankfulness and feeling blessed for all who have prayed and helped them through all of Roger's health issues.

<u>CHRISTIAN ONE-LINER</u> "Believe in yourself, and the rest will fall into place. Have faith in your own abilities, work hard, and there is nothing you cannot accomplish." — Brad Henry

Living Stewardship



"I give you a new commandment: love one another. As I have loved you, so you also should love one another." (JOHN 13:34) "As I have loved you," this is the hard part for Stewards – Jesus's love is unconditional; our love usually comes with strings attached. It is easy to love someone when they love you back. But it takes mercy and compassion to love someone

when you feel unappreciated, feel used or feel like your opinion doesn't matter. It takes courage and the grace of God to "love my neighbor" when they may be someone you don't like, someone you don't know, or someone that doesn't look like you.

LENA FOOD PANTRY

We are still looking for individuals from St John's to volunteer their time on *a rotational basis* the FIRST Saturday of the month from 8:20 to 11:30 am. We have had a few people step forward to fill this need and we are so thankful. The more we have, the less anyone has to commit. Right now, it's looking like a volunteer would serve 3 or 4 Saturdays in a year's time on whatever schedule works for you. We are still taking volunteers so call the church office if you'd like to be on the rotation.

MY FRIEND'S CLOSET

I am currently looking for 1 or 2 to help in the backroom with donations that could help in the morning. **I am also in need of help carrying the bags from the store to the trailer.** This is something that is done daily and it takes about 5 minutes. Carrying the bags could be done by High schoolers needing volunteer hours, or anyone that would be able to move them. This can be done during any time that the store is open. Any help would be greatly appreciated.

Looking for Volunteers to drive people to Dr's Appointments

We are looking for volunteers who would be willing to drive people who need a ride for doctor appointments. Typically, the appointments are in Lena, Freeport, or Monroe. You can use the church van or your personal vehicle. Please let the office know if we can add your name to the list. Your help is very much appreciated!!







We can **"BEARLY"** wait! St. John's will be hosting Vacation Bible School (VBS) August 4-8th from 2:30-5pm. Our theme this year is *True North:* Trusting Jesus in a *Wild* World! We are currently seeking volunteers to help direct stations, be crew leaders, and be general helpers. Contact Lindsay Bader (815-291-9637) if you are interested in

helping or have any questions. Please check out our VBS Amazon Wish List for requested supplies! The link is posted on our church website at <u>stjohnslena.org</u> and on our church Facebook page. We are also looking for donations of small tin/soup cans and brown shipping paper (any size-like the brown paper that comes in Amazon boxes). There is a collection box in the entry hall.

YOUR NEW DIRECTORY INCLUDES A MOBILE APP!!

- **1) Download** the **myUCD** App from the App Store or Google Play.
 - With your smart phone touch the App Store icon for your type of phone (Apple Store or Google Play) then search for: "Universal Church Directory"
 - The App is called **myUCD**
 - Click on the "GET" or "INSTALL" button
 - When the App has finished installing, click "OPEN"
- 2) Enter your family's UNIQUE IDENTIFIER
 - A Unique Edentifier was sent to the heads-of-household whose email was listed.
 - If you did not receive an email please call Michelle at church office
 - Enter unique Identifier
 - Click on the gray "Download My Church Directory" button (there may be a few seconds delay)
- 3) Begin using your Church App Features

StaffOnline GivingAnnouncements Email UsDirectory in FullCall UsWatch ServicesYouVersion Bible CalendarIt appears Announcements and the Calendar aren't operational at the moment. Buteverything else works great! And we can add more as needed. Please contact theoffice with any corrections needed.

4) Desktop Version: Go to directory.ucdir.com, Enter unique identifier and hit Go. Prompts will appear to create your own Username & Password. Click on "Create Account".

We can also ADD anyone to the directory with your own picture submission at any time. Let the office know if you'd like to be included.

Current needs for the Stephenson County VA Pantry:

The following items are very low for the VA Pantry: Paper towels, crackers,

Kleenex, Dish Soap, Laundry Soap, and Toilet Tissue

Donations can be brought to the Lena American Legion Home on Saturdays from 10:00 to 11:00 at 316 W. Main St., Lena. Donations are greatly appreciated. This list is immediate needs; however other items will always be accepted.

Questions call Deb Holmes at 815-233-5284



MAKE-A-SMILE CARDS FOR LENA LIVING CENTER – We would like to have June Cards, using a Summer Celebration or Father's Day theme, donated next. If you are creative and are a card maker, please be a part of this wonderful venture and please include a sentiment or Bible verse inside the card. A basket will be placed on the table, outside the office, for your beautiful creations and

we will get the cards to Good Shepherd Church who in turn will get them to the Activity Director at the Living Center around the **10th of each month**. Thank you in advance for your willingness a being part of this venture. For questions, please contact the church office.



Northern IL Food Truck will be in Lena at St John's on June 10th from 3-4:30 PM

The 2025 FLOWER CHART

is posted on the Narthex bulletin board. Take a couple minutes to sign up for the weekend of your choice to provide flowers for the altar. More than one party is welcome to provide flowers for the same weekend. We appreciate all who have provided flowers and who will again be willing to decorate the altar in the coming year.





Looking for Help

We are looking for someone who would be interested in taking the lead role of funeral lunches. This person would be guided through the role of leadership until you feel comfortable with the process. If this sounds like something you would be able to help with, please contact the church office. Your help would be greatly appreciated!

International Gideon Day of Prayer

You are invited to a morning of prayer, fellowship, and breakfast in observing the International Day of Prayer Saturday June 14th at 7:45am At the Beltline Café (Basement) 325 W South St, Freeport RSVP to Gary Pieper by 6/3/25 at gjtspiep@yahoo.com

Strawberry Social June 4th from 4:30- 7:00pm St. Joseph's Catholic Church, 410 W Lena St Meal includes: Barbecue or Ham Sandwich, baked beans, chips, and Strawberry pie, shortcake, or sunday



Memorial Day Breakfast Monday, May 26th from 7:00- 9:30am Lena American Legion Home Eggs, French toast, biscuits and gravy, coffee cake





Kids Corner: Rest and Recharge: Following Jesus' Example in a Digital World

Think about your average day. How much time do you spend on your cell phone, tablet, or computer? Do you watch TV in the evenings or play video games with friends?

While we enjoy using technology, we have to balance it with *intentional rest*. Intentional rest is time that we set aside to turn off our phones or computers. Intentional rest helps us "fill our cup," which means doing activities that make us happy and recharged. Maybe that means praying, resting, or being with friends and family.

Cell phones, social media, and instant messaging make us feel we must always be available to everyone. That is not healthy for us. God created us with bodies that need rest; even Jesus himself rested! In the Bible, Jesus spends many moments alone in prayer (<u>Matthew 14:22-23</u>). Prayer can help us recharge when we're tired. Try following Christ's example by getting away from distractions, like turning off your phone and spending time in prayer. Treat your relationship with God like a relationship with a parent or friend, and make time for him each day.

Jesus also rested *with* his friends. In Mark 6:31, Jesus told his disciples, "Let's go to a place where we can be alone and get some rest." For me, seeing my best friend helps me to "fill my cup." Perhaps you feel the same about your cousin or neighbor. Spending face-to-face time with loved ones helps to deepen our relationships. Next time you see your friend, try doing activities that don't involve technology, like playing outside or making crafts.

While technology is an important way to stay connected, we can also follow in Jesus' footsteps by disconnecting, prioritizing rest, and spending one-on-one time with those who help us feel our best. Prayer

God, help us remember that you created us to need rest. Help us recharge, refresh ourselves in you, and follow the example of your Son Jesus in building intentional relationships. Amen.